

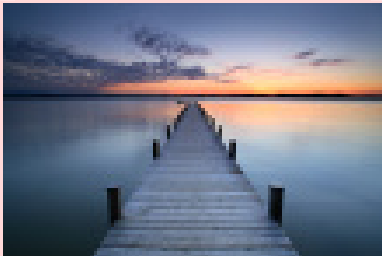
“打破困局、掌握未來” – 逆境自強工作坊

日期: 2009年9月21日 (星期一)
時間: 2:30pm – 5:30pm
地點: 澳洲會計師公會-香港分會 香港灣仔莊士敦道181號大有大廈20樓
語言: 廣東話

課程目標:

學習如何:

- 積極樂觀地面對逆境及靈活應付突如其來的轉變
- 管理個人情緒及發展人際技巧
- 發揮創意潛能，以理性和具創意的思考方式解決困難

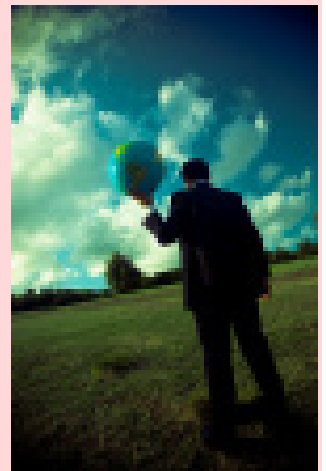


教學方法:

- 講課
- 3Q 測驗
- 小組討論
- 角色扮演
- 經驗分享

課程內容:

- 分享持續專業進修聯盟「香港專業人士面對經濟不景狀況調查」結果
- 認識 3Qs：增強逆境商數(AQ)，認識情緒商數(EQ)，啟動創意潛能(CQ)
- 運用 3Q 測試了解自己
- 如何掌握逆境發展將來
- 積極思考的方法
- 靈活變通的處事方法
- 如何處理負面情緒
- 建立人際技巧
- 啟發創意潛能
- 理性與創新的思考方式



導師: 蔡惠琴女士

蔡惠琴女士是持續專業進修聯盟主席，現任泰田、麥基爾國際顧問有限公司的主任顧問及總經理，在管理諮詢及培訓工作方面已有二十年以上的經驗。

蔡女士一向熱心於社會服務，現時服務多個政府及公共團體的委員會，包括薪酬趨勢調查委員會主席、僱員再培訓局成員、公務員薪俸及服務條件常務委員會委員、個人資料(私隱)諮詢委員會成員、法律援助服務局成員及教育統籌局屬下的人力發展委員會的成員。她亦曾任香港人力資源管理學會會長、香港特區政府中央政策組非全職顧問及平等機會委員會成員。

課程查詢: Ms Florence Tsang (Tel: 2293 2307, Email: executive.six@tamtvmcgill.com)

VENUE SPONSOR:

REGISTRATION FORM

REF:CPDA_v1

CLOSING DATE: September 16, 2009

Kindly fax the completed registration form to 2293 2367.

Seat confirmation upon full payment received by the CPD Alliance Secretariat.

NAME OF THE WORKSHOP: “打破困局、掌握未來” – 逆境自強工作坊

REGISTRANT INFORMATION

Salutation: Dr Prof Mr Mrs Mdm Ms

Last Name First and Middle Name

Job Title / Designation

Organization

Address

Tel Fax

Email

(for sending e-confirmation)

CPD Alliance Member* : Non-member

Membership number of CPD Alliance Member:

* Please refer to page 3 for the list of CPD Alliance members.

REGISTRATION

<i>Please tick the appropriate box</i>	FEE
CPD Alliance Member	<input type="checkbox"/> HK\$100
Non-member	<input type="checkbox"/> HK\$250

PAYMENT

By Cheque: Cheque should be made payable to “CPD Alliance”. Please mail your cheque together with the completed registration form to *Ms Florence Tsang, CPD Alliance Secretariat, 1805 Wheelock House, 20 Pedder Street, Central, Hong Kong.*

Enclosed please find the cheque payment of HK\$_____ (cheque no: _____ bank: _____) payable to “CPD Alliance”.

SIGNATURE OF REGISTRANT

Date

Remarks: All forms of registration are subjected to the terms and conditions listed on page 3.

TERMS AND CONDITIONS:

- This is an exclusive workshop and seats are limited on a first come first serve basis. Early registration is encouraged.
- Registrants will be notified of their confirmation of registration upon full payment received by the CPD Alliance Secretariat via email within a week once registration is accepted. If the registrant has not received an e-confirmation prior to the commencement of the workshop, it is the registrant's responsibility to contact CPD Alliance to confirm his/her place.
- CPD Alliance reserves the right to withhold entry to the workshop if payment has not been received in full.
- An official receipt of payment will be ready to collect at the registration counter on the event day.
- Cancellations must be received in writing.
- No refunds will be given.
- 100% of the workshop fee will be charged if cancellation is received WITHIN two weeks of the seminar.
- If you are unable to attend the workshop, a substitute delegate is welcome to attend in your place. CPD Alliance reserves the right to charge the difference between member and non-member rates where applicable.
- No shows will also be charged in full.
- The terms and conditions are subject to change without prior notice.
- CPD Alliance reserves the right to cancel, modify or postpone the workshop.
- CPD Alliance reserves the right to reject a registration at any point in time.

List of CPD Alliance members:

- CPA Australia Hong Kong China Division
- Hong Kong Bar Association
- Hong Kong Computer Society
- Hong Kong Institute of Bankers
- Hong Kong Institute of Human Resource Management
- Hong Kong Institute of Marketing
- Hong Kong Institute of Utility Specialists
- Hong Kong International Arbitration Centre
- Hong Kong Securities Institute
- Project Management Institute Hong Kong Chapter
- The Association of Chartered Certified Accountants
- The Chartered Institute of Marketing (Hong Kong)
- The Chartered Institute of Purchasing & Supply (Hong Kong Branch)
- The Hong Kong Institute of Arbitrators
- The Hong Kong Institute of Chartered Secretaries
- The Hong Kong Institute of Directors
- The Hong Kong Institute of Housing
- The Law Society of Hong Kong
- The Royal Institution of Chartered Surveyors (Hong Kong Branch)
- The Taxation Institute of Hong Kong

ENQUIRY

Ms Florence Tsang

Tel: 2293 2307 Fax: 2293 2367

Email: executive.six@tamtymcgill.com